



BHAARATH MEDICAL COLLEGE AND HOSPITAL

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FOUNDATION COURSE –BATCH 2020 – 2021

CODE	DATE	DAY	8.30-9.30 AM	9.30-10.30AM	10.30-11.30AM	11.30-12.30AM	12.30-1.30PM	01.30-2.30PM	2.30-4.00PM	4.00-5.30PM		
FC 1.5	01.02.21	MONDAY	Registration, Welcome address by Dean,Vice Principal and Medical superintendent. Introduction, vision, mission of the institution.				A batch 50 (students) B batch (50 students) C batch (50 students) -college tour	L	A batch (50 students) B batch (50 students) C batch (50 students) -college tour			
FC 1.2, 1.7,1.4	02.02.21	TUESDAY	Roles of an Indian Medical Graduate (IMG)				Overview of current MBBS curriculum (CBME),Orientation of the students to curriculum description and Examinations	U N	Orientation of the students to rules and regulations of the institution, university rules	Sports (1-75)/Yoga (76-150)		
FC1.1	03.02.21	WEDNESDAY	Medical profession and Doctors role in the society : Expectations of- society from Doctors,Patients from doctors				A batch 50 (students) B batch (50 students) C batch (50 students) hospital hour		A batch (50 students) B batch (50 students) C batch (50 students) hospital tour			
FC 1.10, 5.5	04.02.21	THURSDAY	History of Medicine				Evidence based medicine		C	Alternative systems of medicine in India	Accessing online resources performing a literature search	
FC 1.3.,1.8	05.02.21	FRIDAY	Expectation of the students from the nation, society,institution,peers,colleagues and patients.				Extracurricular activity - YOGA	H	Expectation of the students from the nation, society,institution,peers,colleagues and patients.	Sports (76-150)/Yoga (1-75)		
FC 1.9	06.02.21	SATURDAY	Principals of family practice and holistic care					L	Yoga (1-75)/Sports (76-150)			
	07.02.21	SUNDAY	Holiday									
FC 2.9, 5.5	08.02.21	MONDAY	Documentation					U	Observe the correct method, summation and wrap up	Accessing online resources performing a literature search		
			Introduction of documentation in patient care	Methods of documentation & understand its significance in patient	Consequence of appropriate & inappropriate documentation on patient & employment safety	Patient record - Right & wrong with check list compare						
FC 2.1, 2.2, 2.3, 2.4, 2.5, 2.6	09.02.21	TUESDAY	A batch (50 students) - Basic life support					N	Demonstrate - Delivering effective breaths, use of an AED integration of all skill sets into a single Scenario (Hands on training) Wrap up		Sports(76-150)/Yoga (1-75)	
			Introduction to basic life support, its importance and need (L)	Demonstrate C-A-B algorithm followed - hands on practice	Demonstrate recognition of cardiac & respiratory arrest followed -hands on training	Demonstrate pulse check, chest compression for both adults & children (including infants) - hands on training						
			B batch (50 students)-First aid training					C	Emphasis on do's and don'ts in each category			
			Introduction to several life threatening emergencies (L)				Initial videos to demonstrate various scenario in first aid basics	Medical emergencies breathing problems, choking, Allergic reactions -(Hands on training)	Injury emergencies and environmental emergencies - (Hands on training)			
			C batch (50 students) -Universal precautions					H	Post evaluation			
			Pre evaluation	Definition of universal precautions, hand washing, personal protective equipment	Hand washing & blood spill management, Needle stick injuries (NACO Guidelines) PPE							
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FC 2.1, 2.2, 2.3, 2.4, 2.5, 2.6	10.02.21	WEDNESDAY	B batch (50 students) - Basic Life Support C batch (50 students) - First aid training					L	Sports (1-75)/Yoga (76-150)			
FC 2.1,2.2, 2.3,2.4, 2.5,2.6	11.02.21	THURSDAY	A batch (50 students)- Universal precautions C batch (50 students) -Basic Life Support A batch (50 students) - First aid training B batch (50 students) - Universal precautions					U	Yoga (1-75)/ sports (76-150)			
FC 2.8 & 5.4	12.02.21	FRIDAY	Immunization - Vaccine preventive diseases, Importance of vaccine, preparation, transport & storage (Hepatitis B, chicken pox) - pediatrics					N	Awareness of COVID-19, Vaccination-COVID-19		Computer skill	
			Occupational exposure in health works (L)	Method of protection and prevention of disease	Vaccination for health care workers	Vaccine schedules: Name, Route of administration dosage site		Formative assessment, MCQ & discussion				
	13.02.21	SATURDAY	SECOND SATURDAY HOLIDAY									
	14.02.21	SUNDAY	Holiday									
FC 2.7	15.02.21	MONDAY	Biomedical waste - Types of waste in health care, segregation & disposal of waste according to the guidelines, inspection by the students to all wards - Biochemistry									
			Pre evaluation (L)	Biomedical waste theory (L)	Send them with check list to different wards. Split them into 15 groups (10 students each group)			Discussion & Post evaluation				

FC 3.2, 3.3, 3.4, 3.5, 3.6	16.02.21	TUESDAY	Community Medicine - Roles and importance	Health care system in India, Health centre visit, Structure Functioning Patient and family interactions Principles of community health			C H	Reflection regarding visits and interactions	National healthPriorities ,Health care sytem and its delivery		
FC 3.1, & FC 4.1.1, 4.1.2 &5.2	17.02.21	WEDNESDAY	National Health Goals and Policies	Concept of Professionalism & ethics (L)	Consequences of unprofessional behavior		L	Consequences of unprofessional behavior	Local language in patient and peer interactions - Tamil		
FC 4.3.1, 4.3.2 & 4.4.1, 4.5.6	18.02.21	THURSDAY	Altruism as a virtue of Physician	Functioning as part of health care team			U	Group presentation & discussion	Sports (76-150)/Yoga (1-75)		
FC 4.5.1, 4.5.2, 4.5.3, 4.5.4 4.5.8& 5.3	19.02.21	FRIDAY	Rights of persons with disabilities & compare & contrast medical and social model of responsibility	Build an understanding on the disability etiquettes & awareness of disabilities included in Rights of persons with Disabilities Act			N	Disability competencies-leader (SDL)	Ability to communicate and learn in English		
FC 4.5.5, 4.5.6 4.5.7, 4.6 & 5.4	20.02.21	SATURDAY	Use of verbal & non-verbal empathetic communication techniques with the disabled person & non discriminatory behavior towards disabled patients & caregivers	Understanding of accessible healthcare setting for patients with disabilities including universal design			C H	Components of cultural competence (L)	Computer skill		
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	21.02.21	SUNDAY	Holiday								
FC 4.7 4.10 & 4.11	22.02.21	MONDAY	Stress Management	Importance of interpersonal relationship & Role of mentoring				_____			
FC 4.9.1, 4.9.2, 4.9.3 4.9.4& 4.13, 4.14	23.02.21	TUESDAY	Importance of time management	Prioritization, distraction & interaction	Pedagogy		L	Self directed learning	Yoga (1-75)/Sports (76-150)		
FC 4.12, 4.15, 5.3	24.02.21	WEDNESDAY	Group learning & group dynamics -		Collaborative learning		U	Ability to communicate and learn in English			
FC 5.1 & 5.2	25.02.21	THURSDAY	Relating to patients experience on disease,communication with patients and families	Computer skill			N	Local language in patient and peer interactions-Tamil			
FC 5.4 & 5.2	26.02.21	FRIDAY	Computer skill				C	Local language in patient and peer interactions-Tamil			
FC 5.4	27.02.21	SATURDAY	Computer basics & its importance theory (L)	Word - demo followed by hands on training	PPT - demo followed by hands on training	Excel-demo followed by hands on training	H	Collection of feedback from students	Sports (76-150)/Yoga (1-75)		
	28.02.21	SUNDAY	Holiday								
FC 5.2	01.03.21	MONDAY	implication of innovative method to inculcate the importance of cadaver dissection and handling of biological tissue as a part of					White coat ceremony			

	Orientation module		Community orientation module		Enhancement of Language & computer skills module
	Skills module		Professional development & ethics module		Sports and extracurricular activity